# U of A International Marmot Basin Ski Trip 2025



### Preparation for your trip:

Please make sure you have the proper winter gear. Wind chill can change the temperature dramatically up at the Ski Resort. To ensure that you enjoy your day please wear/bring:

- A breathable base layer to remove perspiration.
- A mid-layer to keep you warm. It could be a fleece, or a light insulated jacket worn over your thermal base layer.
- An outer layer (Jacket) to protect you from the elements.
- Neck warmer, even a thin one or scarf, will give you good additional protection against the cold and the wind.
- Snow pants with thermal underwear underneath.
- Gloves that are waterproof and not too tight if you get cold hands.
- Ski socks made from synthetic fibers or from merino wool.
- Goggles offer better protection than sunglasses.
- Sun Protection...Apply sunscreen. Even those individuals that tan will be exposed to extreme UV levels due to the high elevation, on sunny and cloudy days, so please apply sunscreen regularly throughout the day.
- Dehydration also occurs more quickly at this altitude, so be sure to drink plenty of water during your ski day.
- Ride carefully and stay within the resort boundaries.

#### THURSDAY, FEBRUARY 20, 2025

**4:00 am** Load bus from U of A Telus Centre (87 Ave and 111 Street).

Please check-in with the Live it Up Tour Directors upon arrival. Waivers will need to be signed either in the morning on the day of departure or online prior to your trips departure from the link below:

https://waiver.smartwaiver.com/v/LiveItUpTours

Please note: This is non-drinking trip and NO alcohol will be allowed on-board.

**4:30 am** Depart for Marmot Basin. A quick stop may be made in Hinton at the A & W.

8:00amish Quick stop will be made at the Park Gates

9:00 am Approx. arrival at Marmot Basin Ski Resort. Please stay on the bus until the Tour Directors obtain everyone's lift cards. The Tour Director will help direct everyone that pre-purchased rentals on where to obtain them and where to meet for the lesson.

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- Marmot Basin is now using RFID lift cards replacing paper lift tickets. These
  RFID cards cannot be fastened to clothing and should be secured in a pocket on
  the left side of your ski jacket (outside sleeve pocket is best). Make sure your
  phone or wallet is not in the same pocket as your RFID lift card. We suggest that
  you take a picture of your RFID card if possible. Lift cards are non-refundable
  but if any issues or problems with your RFID card please visit Group Sales. NO
  guarantee of refunds.
- No outdoor food is permitted inside Marmot's facilities. Table seating is reserved for paying customers. Other than in Jim's Den Chalet at mid-mountain.
- You may keep items on the bus but please note you will not have access to it
  during the day. All items left on the bus are at your own risk so do not leave
  valuables on the bus. Lockers inside for \$7-\$20 per day (credit card needed).
  There are also free cubbies that may be available, at your own risk, on the deck
  near the rentals and upstairs near the bar.
- The space upstairs near the coffee shop can be used to get ready between 8am
   10:30am as long as no personal belongings are left in the space and its left clean.

**10:00 am** One-hour lessons will start at the Magic Carpet area (subject to change).

**4:00 pm** Bus will be available for loading and the Tour Director will hand everyone

a bottle of water.

**4:30 pm** Bus will depart ski hill for Edmonton.

**5:30 pm** Quick stop again in Hinton at A & W.

**9:00 pm** Approx. arrival back in Edmonton.

**Reminder:** Make sure to take all of your personal belongings with you. Live it Up

Tours is not responsible for lost or stolen items. Please make sure you

wear proper warm ski attire.

**Disclaimer:** All times are approximate and subject to change.

**PLEASE NOTE:** Live It Up reserves the right to pass along any charges levied by suppliers with respect to any damages. All times and details are subject to change.

### Thank you and we hope you had a memorable trip!